

Getting you ready for National Preparedness Month

Here are some helpful tips to keep you safe during inclement weather.

If You Lose Power



Never cook indoors with **charcoal** due to **carbon monoxide** poisoning risks.

Food in a closed fridge will be safe if power is out less than **4 hours**. A full freezer will hold food safely for **48 hours**.



Stay away from **downed or sagging power lines**. Call 911 to report hazardous conditions.

Use **flashlights** instead of candles to **avoid fire hazards**.



If you or a family member relies on a **life-sustaining medical device** in your home, we want to be aware of it. **NES' Critical Referral program** is for residents who require electrically powered life-sustaining devices on a continual basis.