



# What Programs Does NES Help Provide?



Donation-based, short-term financial assistance in times of crisis.



Free, energy-efficient home upgrades through NES and TVA.



Utility bill assistance for low-income Davidson County residents.



Utility bill assistance for low-income customers outside of Davidson County.



Resource page to connect customers with local aid-related agencies.



Rental relief program.



## STORM PRECAUTIONS



Turn off appliances and electronics to protect them against power surges.

Keep your refrigerator and freezer closed to preserve food as long as possible. Food in the fridge will be safe if power is out less than four hours. A full freezer will hold food safely for 48 hours.

Never cook indoors with charcoal.

Use flashlights instead of candles to avoid fire hazards.

Stay away from downed or sagging power lines. Call 911 to report hazardous conditions.

In case of extended outages, plan safe accommodations for your family in advance.

January 2024

# Winter Weather Tips



# Know the Truth. Follow the Tips.

Here are some more helpful tips to conserve power and control your bills.



## The Garage Door

During the colder months, don't forget to keep the garage door closed as much as possible. This will help buffer any colder outdoor air from trickling into your home.



## Reverse Your Ceiling Fans

Instead of turning up your heat, ensure ceiling fans are turning clockwise to push warm air down.



## Windows & Doors

Stop throwing money out the window! Seal leaks to prevent drafts. Easy DIY projects like caulking windows and weather-stripping doors will prevent heat from escaping or cold from entering your home — lowering your heating bills.



## Exhaust Fans

Exhaust fans in your kitchen and bathroom pull out the hot air that rises to the ceiling. In the winter, try to use exhaust fans sparingly so they aren't pulling extra heat out of your home.



## Adjust Your Temp

A programmable thermostat can make it easy to keep your house at the recommended temp of 68°. Your heating costs account for about 50% of your total bill.

## Treat Your Fireplace Like A Window

Keep the fireplace damper closed unless a fire is burning. Keeping the damper open is like keeping an open window — it allows warm air to go up the chimney.



## Replace Your Filters

Changing your filters regularly will increase the efficiency and life of your furnace while helping to clean up your energy bills.



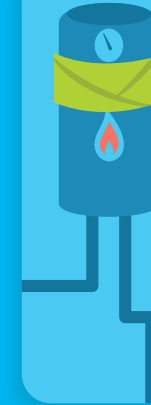
## Let The Sunshine In

Take advantage of the sun's natural warmth by opening shades and curtains on the south side of your house. Just remember to close them at night to prevent heat loss.



## Keep Your Older Hot Water Tank Toasty

If you have an older tank, especially if it's located in an unheated area, wrapping it with an insulation blanket is a cheap and easy way to reduce water heating costs.



## Save A Bundle By Bundling Up

With warmer clothing, you won't need to crank up the heat. Bundle up with a cozy sweater, some warm socks, or a fuzzy throw blanket.

